

自我防护要加强 利己利人保健康

The infographic features a central illustration of three people: a person in a full white protective suit and goggles, a man in a white lab coat and face mask, and a woman in a brown shirt and face mask. They are all wearing gloves and have their fists raised in a gesture of solidarity or readiness. Surrounding this central image are nine circular icons, each depicting a specific prevention measure with a corresponding label in Chinese:

- 戴口罩** (Wear a mask): A person in a blue lab coat adjusting a white face mask.
- 注意手卫生** (Pay attention to hand hygiene): Hands being washed under a running faucet with soap.
- 打疫苗** (Get vaccinated): A hand holding a syringe and a vial of vaccine.
- 多通风** (Ventilate more): A person opening a window to let fresh air in.
- 少聚集** (Gather less): A group of people sitting at a table, with a large red 'X' over them, indicating that large gatherings should be avoided.
- 一米线** (One-meter line): Two people standing apart, with a line between them labeled $\geq 1M$.
- 讲究咳嗽礼仪** (Pay attention to coughing etiquette): A person coughing or sneezing into their elbow.
- 分餐制 用公筷** (Separate plates, use public chopsticks): Two people sitting at a table, each with their own plate and a pair of chopsticks.
- 戴口罩** (Wear a mask): A person in a blue lab coat adjusting a white face mask.

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